GeoBlue® Student Member Guide





Your Guide to GeoBlue®

Welcome to GeoBlue, a program designed to keep you safe and healthy throughout your journey. Your GeoBlue® health insurance plan provides you access to global medical expertise with responsive, multi-channel service. Download our app or register online to learn about the extra care you receive when you travel with GeoBlue.



Getting Started

Important plan information and health tools



Getting Care

How to get care when you are in the U.S.



Accessing Self-Service Tools

Convenient online and mobile tools



Submitting a Claim

File a claim for reimbursement



Reviewing Plan Benefits

What is covered by your plan?



Download the GeoBlue app to register

Download our app from the Apple, Amazon or Google Play app stores to put your plan in the palm of your hand:

- Display an electronic ID card
- Locate Blue Cross and Blue Shield providers and hospitals within the U.S.*
- Access global health and safety tools including translations, drug equivalents, news and safety information
- Submit and track claims

You can also register online at www.geobluestudents.com.

*Visit www.geobluestudents.com to locate a provider, prior to registering. See the "Resource Center" section, scroll down to "Find a Provider" and click on "U.S. Providers." When prompted you may type "QHS" in the "Already a Member" field or select "BlueCard PPO/EPO" from the "Choose Your Network" drop down list. Please be sure to fill in the "Search by" and "Location" fields.

Visit the GeoBlue Member Hub

Visit the Member Hub on www.geobluestudents.com to view important plan information and to access convenient self-service tools. Login with the username and password you created when you registered through the app. If you have not previously registered through the app, you can register directly online.

Get your GeoBlue ID card

It is important to have your GeoBlue ID card to access healthcare services; you will need to present your ID card whenever you receive medical care. This card can be accessed from multiple sources:

- Your ID card(s) will be provided to you
- Download and register through the app to view, fax or email your ID card
- Register online to download your ID card from the Member Hub at www.geobluestudents.com
- Customer Service can provide replacement ID cards

When you receive your ID card, please check the information for accuracy. Call Customer Service if you find an error.

Need help with registration?



Contact us for assistance:

Inside the U.S. call **1.844.268.2686**Outside the U.S. call **+1.610.263.2847**customerservice@geo-blue.com

For more plan information please visit www.4studenthealth.com or call 1.800.537.1777.

This pamphlet contains a brief summary of the features and benefits for insured participants covered under your school health insurance. This is not a contract of insurance. Coverage is provided under an insurance policy under which your school is a participating school. The policy is underwritten by 4 Ever Life Insurance Company, Oakbrook Terrace, Illinois (Policy form 28.1303). Complete information on the insurance is contained in the Certificate of Insurance which is on file with the school and is made available to all insured participants. If there is a difference between this program description and the certificate wording, the certificate controls.

GeoBlue is the trade name of Worldwide Insurance Services, LLC (Worldwide Services Insurance Agency, LLC in California and New York), an independent licensee of the Blue Cross and Blue Shield Association: made available in cooperation with Anthem Blue Cross. Coverage is provided under insurance policies underwritten by 4 Ever Life Insurance Company, Oakbrook Terrace, Illinois.

Student health center

Many schools have student health centers on campus that can conveniently provide everyday health services. Consult your school's resources for more specific information about facilities, the care available and the coverage accepted.

Finding a provider

To find a doctor or facility, visit the "Provider Finder" section in the Member Hub on **www.geobluestudents.com** or in the app.

Contact us for assistance:

- Toll free within the U.S. call 1.844,268,2686
- Outside the U.S. call +1.610.263.2847
- customerservice@geo-blue.com

For more plan information please visit www.4studenthealth.com or call 1.800.537.1777.

Visit www.geobluestudents.com to locate a provider, prior to registering. See the "Resource Center" section, scroll down to "Find a Provider" and click on "U.S. Providers." When prompted you may type "QHS" in the "Already a Member" field or select "BlueCard PPO/EPO" from the "Choose Your Network" drop down list. Please be sure to fill in the "Search by" and "Location" fields.

Scheduling an appointment with a Blue Cross and Blue Shield provider

Call the provider to confirm they are in network and schedule your appointment. At the time of service, you will need to show the provider your GeoBlue ID card and tell them you are covered by Blue Cross and Blue Shield.

Using an out-of-network provider

This typically results in a higher coinsurance and may result in additional costs to you. If you receive care from an out-of-network provider, you may need to pay out of pocket and submit a claim for reimbursement. Click "How to File a Claim" in the Member Hub on **www.geobluestudents.com** to download the appropriate claim form. Submit claims electronically using the GeoBlue app or the "File an eClaim" link on the Member Hub.

Prescription benefits

Prescription medications are covered at 50% to 80% of the actual cost of your prescription.* In order to receive benefits: Students must pay for their medication at the pharmacy and then submit a claim for reimbursement. Submit claims electronically using the GeoBlue app or the "File an eClaim" link on the Member Hub. If you prefer to submit a paper claim form, click "How to File a Claim" in the Member Hub on www.geobluestudents.com to download the appropriate claim form. Please see Table 3 of your benefit summary to view your outpatient prescription drug coverage.

Paying for care - Glossary of terms

- Copay or Copayment: The specific dollar amount you will pay at the time of service.
- Coinsurance: The percentage of the cost you are responsible for.
- Deductible: An amount you are responsible to pay for eligible expenses before the plan begins to pay.
- Out-of-Network Provider: Medical provider who is not contracted with Blue Cross and Blue Shield companies. This typically results in a higher coinsurance and may result in additional costs to you.

See your Certificate of Coverage for details.



In the event of a medical emergency

If you have an emergency, dial 911 or go to the closest Emergency Room immediately. If you're not sure whether your situation is an emergency, dial 911 and let the call-taker determine if you need emergency help. Once you are safe, call the Medical Assistance phone number for 24/7 care located on the back of your ID card. We will then take the appropriate action to assist and monitor your medical care until the situation is resolved.

*Certain limitations and exclusions apply to your coverage under this plan and may affect your coverage. Your Certificate of Insurance is on file with your school and in the Member Hub on www.geobluestudents.com.

GeoBlue is the trade name of Worldwide Insurance Services, LLC (Worldwide Services Insurance Agency, LLC in California and New York), an independent licensee of the Blue Cross and Blue Shield Association: made available in cooperation with Anthem Blue Cross. Coverage is provided under insurance policies underwritten by 4 Ever Life Insurance Company, Oakbrook Terrace, Illinois.

Check your symptoms*

Translate symptoms into action with this authoritative triage tool. You can decide to seek treatment in an emergency room, schedule a doctor visit or employ home remedies.

Find a doctor or facility

Review detailed profiles of contracted doctors to find the best match and then locate the office.

Translate medications

Find country-specific equivalents for prescription and over-the-counter medications.

Translate medical terms and phrases

Translate hundreds of key medical phrases and terms into the most widely spoken languages with audio clips and transliterations.

Understand health and security risks

Receive daily alerts detailing the latest security and health issues in your destination. View country or city profiles on crime, terrorism or natural disasters.



Visit www.geobluestudents.com or download the GeoBlue app to access self-service tools for navigating risks and finding the best care options.

If a physician, ambulance company or other provider sends their bill directly to you, or you pay the medical provider at the time of service, you will need to submit a claim. Please submit any bills, receipts and referrals you received with your claim.

eClaims

You can quickly and conveniently submit claims electronically, through the app or through the Member Hub on **www. geobluestudents.com**. Scanned paper documents are delivered directly to our Claims Department and your eClaims are saved in the Claims section of the Member Hub.

Choose "Claims" in the GeoBlue app or visit the "File an eClaim" section of the Member Hub on www.geobluestudents.com.

Email and fax

If you prefer to submit a claim via email or fax, a printable claim form and detailed instructions are available in the Member Hub on **www.geobluestudents.com**.

Visit the "How to File a Claim" section of the Member Hub on **www.geobluestudents.com** and click "How do you file a claim with GeoBlue?" to download the appropriate claim form.

Email: claims@geo-blue.com

Fax: +1.610.482.9623

Postal mail

If you prefer to submit a claim via postal mail, a printable claim form and detailed instructions are available in the Member Hub on **www.geobluestudents.com**.

Visit the "How to File a Claim" section of the Member Hub on **www.geobluestudents.com** and click "How do you file a claim with GeoBlue?" to download the appropriate claim form.

Claims Incurred Inside the U.S., Puerto Rico and the U.S. Virgin Islands:

GeoBlue, P.O. Box 21974, Eagan, MN 55121

Checking the status of your claim

To check your claim status, choose "Claims" in the GeoBlue app or visit the "View My Claims" section of the Member Hub on www.geobluestudents.com. If you need assistance, please contact us at 1.844.268.2686.



SCHEDULE OF BENEFITS TABLE 1

	Limits Eligible Participant	Limits Spouse	Limits Child
COVERAGE A – MEDICAL EXPENSES			
Period of Coverage Maximum Benefits	\$500,000	\$500,000	\$500,000
Maximum Benefit per Injury or Sicknesses	\$500,000	\$500,000	\$500,000
Period of Coverage Deductible	\$0 per Injury or Sickness	\$0 per Injury or Sickness	\$0 per Injury or Sickness
Period of Coverage Out-of-Pocket Limit Out-of-pocket Limit means the amount of Reasonable Expenses for which the Covered Person is respon- sible after which the Insurer pays 100% of the Reasonable Expenses, subject to the limits and provisions of the Policy	After the Covered Person reaches a \$2,500 Out-of-pocket Limit per Period of Coverage, the Insurer pays the Reasonable Expenses at 100% and up to the applicable maximums in the Tables 2 and 3. Deductibles, Copayments, and amounts above the maximums do not apply toward the Out-of-pocket Limit.	After the Covered Person reaches a \$2,500 Out-of-pocket Limit per Period of Coverage, the Insurer pays the Reasonable Expenses at 100% and up to the applicable maximums in the Tables 2 and 3. Deductibles, Copayments, and amounts above the maximums do not apply toward the Out-of-pocket Limit.	After the Covered Person reaches a \$2,500 Out-of-pocket Limit per Period of Coverage, the Insurer pays the Reasonable Expenses at 100% and up to the applicable maximums in the Tables 2 and 3. Deductibles, Copayments, and amounts above the maximums do not apply toward the Out-of-pocket Limit.
COVERAGE B – ACCIDENTAL DEATH AND DISMEMBERMENT	Maximum Benefit: Principal Sum up to \$10,000	Maximum Benefit: Principal Sum up to \$5,000	Maximum Benefit: Principal Sum up to \$1,000
COVERAGE C – REPATRIATION OF REMAINS	Maximum Benefit up to \$25,000	Maximum Benefit up to \$25,000	Maximum Benefit up to \$25,000
COVERAGE D – MEDICAL EVACUATION	Maximum Lifetime Benefit for all Evacuations up to \$100,000	Maximum Lifetime Benefit for all Evacuations up to \$100,000	Maximum Lifetime Benefit for all Evacuations up to \$100,000
COVERAGE E – BEDSIDE VISIT	Up to a maximum benefit of \$1,500 for the cost of one economy round trip air fare ticket to, and the hotel accommodations in, the place of the Hospital Confinement for one (1) person	Up to a maximum benefit of \$1,500 for the cost of one economy round trip air fare ticket to, and the hotel accommodations in, the place of the Hospital Confinement for one (1) person	Up to a maximum benefit of \$1,500 for the cost of one economy round trip air fare ticket to, and the hotel accommodations in, the place of the Hospital Confinement for one (1) person

SCHEDULE OF BENEFITS

TABLE 2

COVERAGE A – MEDICAL EXPENSES	PPO Plan In PPO Limits+	PPO Plan Outside PPO Limits
Physician Office Visits*	100% of Reasonable Expenses after \$20 Copayment per visit	80% of Reasonable Expenses
Inpatient Hospital Services not including Emergency Hospital Services	100% of Reasonable Expenses after \$50 Copayment per visit	80% of Reasonable Expenses
Hospital and Physician Outpatient Services	100% of Reasonable Expenses after \$50 Copayment per visit	80% of Reasonable Expenses
Emergency Hospital Services	100% of Reasonable Expenses after \$100 Copayment per visit. If admitted to Hospital, then 100% of Copayment Waived	80% of Reasonable Expenses

+Payment of Covered Medical Expenses for Preferred Providers is based on the Insurer's negotiated rate. Preferred Providers have agreed to accept the negotiated rate as payment in full.

*All Physician Visit Copayments for an Injury or Sickness are waived if treatment is received at the Recognized Student Health Center or if the initial treatment for an Injury or Sickness is received at Recognized Student Health Center.

If a Covered Person requires emergency treatment of an Injury or Sickness and incurs covered expenses at a non-Preferred Provider, Covered Medical Expenses for the Emergency Medical Care rendered during the course of the emergency will be treated as if they had been incurred at a Preferred Provider.

If a Covered Person incurs Covered Medical Expenses for services or supplies that are not of the type provided by any Preferred Provider, these Covered Medical Expenses will be treated as if they had been incurred at a Preferred Provider.

SCHEDULE OF BENEFITS TABLE 3 COVERAGE A – MEDICAL EXPENSE BENEFITS

BENEFITS LISTED BELOW ARE SUBJECT TO

- 1. TABLE 1, PERIOD OF COVERAGE MAXIMUMS, MAXIMUMS PER INJURY AND SICKNESS, DEDUCTIBLES, COINSURANCE, OUT-OF-POCKET MAXIMUMS;
- 2. TABLE 2 PLAN TYPE LIMITS (PPO)

MEDICAL EXPENSES	Limits per Covered Person	
Maternity Care for a Covered Pregnancy	Reasonable Expenses	
Inpatient treatment of mental and nervous disorders including drug or alcohol abuse	Reasonable Expenses	
Outpatient treatment of mental and nervous disorders including drug or alcohol abuse	Reasonable Expenses	
Outpatient back and spine treatment (including modalities)	Reasonable Expenses up to a Maximum of 20 visits on an Outpatient basis	
Treatment of specified therapies, including acupuncture and Physiotherapy	Reasonable Expenses up to a Maximum of 20 visits on an Outpatient basis	
Medical treatment arising from participation in intercollegiate, interscholastic, or club sports	Reasonable Expenses up to \$10,000 Maximum per Period of Coverage. Injuries from participation in intramural sports are covered as any other Injury	
Repairs to sound, natural teeth required due to an Injury	100% of Reasonable Expenses up to \$500 Maximum Period of Coverage	
Outpatient prescription drugs including oral contraceptives and devices	80% of actual charge	
Medical treatment received in the Home Country, if NOT covered by Other Plan	100% of Reasonable Expenses up to \$1,000 Period of Coverage maximum	
Hearing Services	Reasonable Expenses up to \$1,000 per individual hearing aid per ear every 3 years for covered Dependent Children under age 24.	
Scalp Prosthesis	Reasonable Expenses for scalp hair prosthesis for up to \$500 per Period of Coverage	
Lead Screening	Reasonable Expenses	
Low Protein Food Products	Reasonable Expenses	

GENERAL POLICY EXCLUSIONS

Unless specifically provided for elsewhere under the Plan, the Plan does not cover loss caused by or resulting from, nor is any premium charged for, any of the following:

- 1. Expenses incurred in excess of Reasonable Expenses.
- 2. Services or supplies that the Insurer considers to be Experimental or Investigative.
- 3. Expenses incurred prior to the beginning of the current Period of Coverage or after the end of the current Period of Coverage except as described in Covered General Medical Expenses and Limitations and Extension of Benefits.
- 4. Preventative medicines, routine physical examinations, or any other examination where there are no objective indications of impairment in normal health, unless otherwise noted.
- 5. Services and supplies not Medically Necessary for the diagnosis or treatment of a Sickness or Injury, unless otherwise noted.
- 6. Surgery for the correction of refractive error and services and prescriptions for eye examinations, eye glasses or contact lenses or hearing aids, except when Medically Necessary for the Treatment of an Injury or as specifically covered under the Plan.
- 7. Plastic or cosmetic surgery, unless they result directly from an Injury which necessitated medical treatment within 24 hours of the Accident.
- 8. For diagnostic investigation or medical treatment for infertility, fertility, or birth control.
- 9. Organ or tissue transplant.
- 10. While traveling against the advice of a Physician, while on a waiting list for a specific treatment, or when traveling for the purpose of obtaining medical treatment.
- 11. The diagnosis or treatment of Congenital Conditions, except for a newborn child insured under the Policy.
- 12. Treatment to the teeth, gums, jaw or structures directly supporting the teeth, including surgical extraction's of teeth, TMJ dysfunction or skeletal irregularities of one or both jaws including orthognathia and mandibular retrognathia, unless otherwise noted.
- 13. Expenses incurred in connection with weak, strained or flat feet, corns or calluses.
- 14. Diagnosis and treatment of acne.
- 15. Expenses incurred for, or related to, services, treatment, education testing, or training related to learning disabilities or developmental delays.
- 16. Deviated nasal septum, including submucous resection and/or surgical correction, unless treatment is due to or arises from an Injury.
- 17. Expenses incurred for any services rendered by a family member or a Covered Person's immediate family or a person who lives in the Covered Person's home.
- 18. Unless specifically provided for elsewhere under the Policy, the cost of treatment or services that are provided normally without charge by the Policyholder's Student Health Center, covered or provided by the student health fee, rendered by a person employed by the Policyholder, including team Doctor and trainers or any other service performed at no cost.

GENERAL POLICY EXCLUSIONS

- 19. Loss due to war, declared or undeclared; service in the armed forces of any country or international authority and participation in a riot or civil commotion.
- 20. Riding in any aircraft, except as a passenger on a regularly scheduled airline or charter flight.
- 21. Loss arising from
 - a. participating in any professional sport, contest or competition
 - b. while participating in any practice or condition program for such sport, contest or competition
 - c. skin/scuba diving, sky diving, mountaineering (where ropes are customarily used), ultra light aircraft, parasailing, sail planning, hang gliding, parachuting, or bungee jumping.
- 22. Medical Treatment Benefits provision for loss due to or arising from a motor vehicle Accident if the Covered Person operated the vehicle without a proper license in the jurisdiction where the Accident occurred.
- 23. Under the Accidental Death and Dismemberment provision, for loss of life or dismemberment for or arising from an Accident in the Covered Person's Home Country.



For questions about your medical plan:

Toll free within the U.S. call 1.844.268.2686 Outside the U.S. call +1.610.263.2847 customerservice@geo-blue.com



100 Matsonford Road, One Radnor Corporate Center, Suite 100, Radnor, PA 19087



Local Representative CA License # 0G55426 Tel: 1.800.537.1777 Fax: 1.310.394.0142 For plan information, please visit. www.4studenthealth.com

An authorized agency offering GeoBlue products.



Underwritten by 4 Ever Life Insurance Company 2 Mid America Plaza, Suite 200 Oakbrook Terrace, Illinois 60181

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